

Lifeguard Training

Location: Orange Beach Aquatics Center

Dates: April 21, 2010 – April 29, 2010

Cost: \$145.00

Tentative Schedule:

Wednesday 21st

4:00 pm - until

Introduction, swim test, and videos

-Entries and Approaches

-Patron surveillance

Thursday 22nd

4:00 pm - until

Review, videos, and water skills

-Entries and Approaches

-Rescue skills

Monday 26th

4:00 pm - until

Review, videos, and water skills

-Caring for head neck and back injuries

Tuesday 27th

4:00 pm - until

-Review skills

-CPR and First-aid

Wednesday 28th

4:00 pm - until

-Review all skills

Thursday 29th

4:00 pm - until

-Final skills and written test

*** Participants need to bring swim suit and towel to all sessions.**

**Register NOW through Monday, April 19th
For more information call 1(251) 974-SWIM(7946)**