



# Shoreline News

*Life Enriching Activities for the Adult 50 & Over*



Dear Friends,

Seems hard to believe that March is here already. We have been so happy to have had so many of our snowbirds return this winter as well as so many new visitors who we hope to see again next year. For everyone going back safe travels and please know how much we appreciate all you do for our community during your stay. We have some fun things planned for this month...please take a look.

As Always we look forward to seeing you Soon,

Carolyn & Angie

## March 2017 Excursions & Events

Please call 981-3440 to sign up for any of the events listed below

**March 6th @ 6 pm : "Community Center Pot Luck":** Community Pot Luck @ Community Center. Bring a Dish to Pass. Main Dish will be Corned Beef & Cabbage. Program: Kit Alexander, City of Orange Beach Director of Engineering & Environmental Services.

### March 10th @ 10am: "Medical I.D. Card":

Presentation by Karen Fleming of New York Life. Come receive your FREE Senior Medical I.D. Card featuring a photo, digital fingerprints, list of medications, allergies and key physician information. Light refreshments will be served. Please be sure to call to sign up.

**March 14th @ 10am - Grief Support Group** : This group will be led by Community Hospice.

### March 17th @ 9:30am: "Dream Big: Engineering our World"

We will travel over to Pensacola Naval Air Museum to view this new "Giant Screen" movie. *Dream Big* will transform how we think about engineering, from the Great Wall of China and the world's tallest buildings to underwater robots, solar cars and smart sustainable cities. The movie show time is 11am. Cost is \$ 10.00 per person which includes movie ticket & transportation. We have space available for 25. Please call to sign up.

**March 24th @ 9:00am "Festival of Flowers"**. The 24th annual events theme is "Wildly Whimsical". We will travel to the Providence Hospital Campus in Mobile. We'll be doing "a lot" of walking. Cost is \$ 15.00 per person includes transportation and Festival entrance ticket. Lunch is on your own. We have space available for 25. Please call to sign up.

### ON GOING WEEKLY ACTIVITIES

#### EXERCISE CLASS:

Mondays, Wednesdays, & Fridays: 7:45am-8:45am  
Cost for class is \$3.00 residents \$ 5.00 non-residents

#### SIT & BE FIT EXERCISE CLASS:

Mondays & Wednesdays: 2:00pm—3:00pm

#### HAND & FOOT CANASTA:

Mondays & Thursdays : 9:30am—12:00pm

MAH JONG: Mondays @ 1:00pm

BRIDGE: Tuesdays & Thursdays:  
12:00pm—3:30pm

#### \*Yoga for EveryBody:\*

Tuesday & Thursdays 8am—9am

#### DOMINOES:

Wednesdays: 9:30am—12:00pm & Thursdays: 1:00pm

#### LINE DANCING CLASS:

Wednesdays: 9:30am -11:30am

### MARCH 2017 ARTS & CRAFTS

Please call 981-3440 to sign up for our Classes

OPEN WORKSHOPS: Mondays 9:00a—2:00pm.

CERAMICS: Tues 9:00am—11:00am,  
Cost is per Item.

#### COLOR ME CALM:

Wednesdays 9am-11am

Cost: Free

All materials supplied.

#### GLASS ETCHING:

Thursdays 9am -11am Cost is \$ 10.00

