



# Shoreline News

*Life Enriching Activities for the Adult 50 & Over*



Dear Friends,

Welcome back Summertime. We've got lots of activities to keep you cool. So check out our trips, classes, and other activities and let us know what you would like to participate in. Be sure to stop by the Community Center on Sat., June 10th and pick up some great BBQ.

As Always we look forward to seeing you soon... Carolyn & Angie

## June 2017 Excursions & Events

Please call 981-3440 to sign up for any of the events listed below.

June 6th: "Newcomers—Member Brunch": Time 9:30am—11:30am. Contact Marilyn Moo for additional information 251-948-2335.

June 9th @ 8:30am : "Blueberry Picking at Hillcrest Farms": We'll depart at 8:30am and travel to Elberta the cost is \$ 2.00 per person for transportation. The cost to pick your own blueberries is \$ 1.50 per pound. Moderate to Heavy Walking. We will stop for a "treat" on the way home.

June 13th @ 10:00m - Grief Support Group : This group will be led by Community Hospice.

June 16th @ 10:30am - Local Sneak Peek & Mystery Lunch: We will depart from the Senior Center. We will be having a private "Sneak Peek" at our newest facility and then we'll head to lunch. You won't want to miss this.

June 20th @ 10:30am - "3rd Tuesday Topics": Dr. Ryan Forbess will be our Speaker. Dr. Forbess is a family physician with the South Baldwin Medical Group in Orange Beach.

June 22nd @ 7:15pm - "Smoke on the Mountain" - Summer Tide's at South Baldwin Theatre. We have tickets available for 10. Cost per person is \$15.00. We will depart from the Senior Center at 7:15pm.

June 23rd @ 10:00am - "In Search of Something New.....": We think we ought to roam around our towns and find out what's new. So meet us at the Senior Center and we'll set out on an adventure. Cost is \$ 2.00 per person for transportation.

June 30th @ 11:30am - "Indoor Potluck Picnic" : We are having a Picnic to celebrate the 4th of July. We will be grilling Hot Dogs and we'll provide drinks and dessert. Please bring a picnic side dish to share. Please call to sign up.

### ON GOING WEEKLY ACTIVITIES

#### EXERCISE CLASS:

**Mondays, Wednesdays, & Fridays: 7:45am-8:45am**  
Cost for class is \$3.00 residents \$ 5.00 non-residents

#### SIT & BE FIT EXERCISE CLASS:

**Mondays & Wednesdays: 2:00pm—3:00pm**

#### HAND & FOOT CANASTA:

**Mondays & Thursdays : 9:30am—1:00pm**

BRIDGE: Tuesdays & Thursdays:  
12:00pm—3:30pm

#### \*Yoga for EveryBody:\*

**Tuesdays & Thursdays 8:30am—9:30am**

#### DOMINOES:

Wednesdays: 9:30am—12:00pm  
Thursdays: 1:00pm

#### LINE DANCING CLASS:

**Wednesdays: 9:30am –11:30am**

### JUNE 2017 ARTS & CRAFTS

Please call 981-3440 to sign up for our Classes

OPEN WORKSHOPS: Mondays 9:00a—2:00pm.

CERAMICS: Tues 9:00am—11:00am,  
Cost is per Item.

COLOR ME CALM:  
Wednesdays 9am-11am

STAINED GLASS:  
Thursdays 9:00am—11:00am  
Cost is \$ 10.00

