

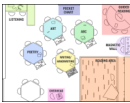


**** Blood Pressure Checks ****
Wednesdays 9:00am—10:00am
 Provided by: Orange Beach Fire Dept.



June 2017



****LOCAL MASTERS GAMES ...****
June 7th—Robertsdale, Alabama
June 21st—Chickasaw, Alabama
July 12th—Daphne, Alabama

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 8:30a "Yoga" for EveryBody Hand & Foot 9:30a-11:30a Stained Glass 9a-11a Bridge 12 -3:30p Dominos 1pm	2 Exercise 7:45a-8:45a 11:00 am Event Set Up 	3
4	5 Exercise 7:45a-8:45a Open Workshop 9am-2pm Hand & Foot 9:30a—1p Mah Jong 1pm 2pm Sit & Be Fit Exercise	6 <i>No Yoga Today</i> 9:30-11:30am <i>Newcomers Club Brunch</i> Bridge 12 -3:30pm	7 Exercise 7:45a-8:45a Color Me Calm 9a Line Dancing 9:30-11:30 Dominos 9:30-12pm 2pm Sit & Be Fit Exercise Masters Games—Robertsdale	8 8:30a: "Yoga" for EveryBody Hand & Foot 9:30a-11:30a Stained Glass 9a-11a Bridge 12 -3:30p Dominos 1pm	9 Exercise 7:45a-8:45am 8:30 am—Trip— Blueberry Pickin @ Hillcrest Farms <small>*Center will be closed while we are on this trip.*</small>	10 ANNUAL FIRE DEPT. BBQ 
11	12 Exercise 7:45a-8:45a Open Workshop 9am-2pm Hand & Foot 9:30a—1p Mah Jong 1pm 2pm Sit & Be Fit Exercise	13 8:30a: "Yoga" for EveryBody Ceramics 9am –11am 10am—Grief Support Grp Bridge 12 -3:30pm	14 Exercise 7:45a-8:45a Color Me Calm 9a Line Dancing 9:30-11:30 Dominos 9:30-12pm 2pm Sit & Be Fit Exercise	15 8:30a: "Yoga" for EveryBody Hand & Foot 9:30a-11:30a Stained Glass 9a-11a Bridge 12 -3:30p Dominos 1pm	16 Exercise 7:45a-8:45a 10:30 am— Local Sneak Peek & Mystery Lunch <small>Center will be closed while we are on this trip.*</small>	17
18 FATHER'S DAY 	19 Exercise 7:45a-8:45a Open Workshop 9am-2pm Hand & Foot 9:30a—1p Mah Jong 1pm 2pm Sit & Be Fit Exercise	20 8:30a: "Yoga" for EveryBody 10:30 am—3rd Tuesday Topics; Dr. Ryan Forbess Ceramics 9am –11am Bridge 12 -3:30pm	21 Exercise 7:45a-8:45a Color Me Calm 9a Line Dancing 9:30-11:30 Dominos 9:30-12pm 2pm Sit & Be Fit Exercise Masters Games—Chickasaw	22 8:30a: "Yoga" for EveryBody Hand & Foot 9:30a-11:30a Stained Glass 9a-11a Bridge 12 -3:30p Dominos 1pm 7pm—Theatre Trip	23 Exercise 7:45a-8:45a 10am: In Search of Something New.....	24
25	26 Exercise 7:45a-8:45a Open Workshop 9am-2pm Hand & Foot 9:30a—1p Mah Jong 1pm 2pm Sit & Be Fit Exercise	27 8:30a: "Yoga" for EveryBody Ceramics 9am –11am Bridge 12 -3:30pm	28 Exercise 7:45a-8:45a Color Me Calm 9a Line Dancing 9:30-11:30 Dominos 9:30-12pm 2pm Sit & Be Fit Exercise	29 8:30a: "Yoga" for EveryBody Hand & Foot 9:30a-11:30a Stained Glass 9a-11a Bridge 12 -3:30p Dominos 1pm	30 Exercise 7:45a-8:45am 11:30am INDOOR POTLUCK PICNIC	July 1 