

**City of Orange Beach
Surf Rescue
Junior Lifeguard Program
*Registration Begins March 2nd***

Session 1

**June 15, 2015 - June 19, 2015
8:30-4:30**

Session 2

**June 22, 2015 - June 26, 2015
8:30-4:30**

Session 3

**July 13, 2015 - July 17, 2015
8:30-4:30**

Session 4

**July 20, 2015 - July 24, 2015
8:30-4:30**

The course is designed to teach the participant about water safety and basic pool and beach lifeguard procedures. There is instruction on proper swimming technique, water survival, water rescues, and nutrition. The participant must be at least nine years of age to enroll in the course.

Meets daily at Orange Beach Aquatics Center

Cost: Members: \$100.00

**Please make checks payable to City of Orange Beach Fire
Department**

**Participants should bring: Running Shoes, Swim Suit, Towel,
Lunch, and Snacks**

**For more information, contact Melvin Shepard @ 251-747-1051
or mshepard@obfd.org**